

Chinese Herbal Formulas and Applications

By John K. Chen, Tina T. Chen

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Chinese Herbal Formulas and Applications by John K Chen and Tina T Chen. Hardcover book: 1660 pages, 680 Formulas. Dimensions: 7.75 x 11. Following the highly acclaimed Chinese Medical Herbology and Pharmacology, Dr. John Chen and Tina Chen present to you the long awaited companion volume, Chinese Herbal Formulas and Applications. Chinese Herbal Formulas and Applications takes the next step in presenting not only the traditional usage of Chinese herbal formulas, but a combined perspective of the pharmacological effects of formulas themselves with clinically relevant research evidence. As competencies in multiple healthcare disciplines continue to be raised the need for integrative understandings rise with it. Chinese Herbal Formulas and Applications brings together Chinese Herbal Medicine and expands this with the pharmaceutical effects and clinical research findings to use herbal medicines exclusively or in combination with the allopathic medicine. Enhancing the understanding of herbs and herbal formulas from multiple perspectives, Chinese Herbal Formulas and Applications is a resource for improved patient care and therapeutic outcome. OUTSTANDING FEATURES EXCLUSIVE TO Chinese Herbal Formulas and Applications Comprehensive explanation of the pharmacology of herbal medicinal formulas, and concurrent uses of herbal formulas and pharmaceuticals Documentation from clinical studies and published research Profiles of the doctors without whom there would be no Chinese medicine: insights into the historical context and backgrounds of those famous individuals who shaped our understanding of disease patterns, treatment strategies and herbal formulas. Contributions from over 100 academic, clinical, research and regulatory professionals who reviewed the text before publication, to complement the work of the authors. PLUS Detailed traditional and modern uses, preparation, administration, dosages, combinations, cautions, contraindications and toxicology Authors comments drawn from clinical experience Appendices on herbal medicine for pregnancy and postpartum care and much more

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Chinese Herbal Formulas and Applications By John K. Chen, Tina T. Chen Bibliography

- Sales Rank: #334033 in Books
- Brand: Brand: Art of Medicine Press
- Published on: 2008-11-01
- Dimensions: 11.02" h x 2.24" w x 7.87" l,
- Binding: Hardcover
- 1660 pages

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Editorial Review

Review
Chinese Herbal Formulas and Applications is great. I am amazed by how much work must have gone into it. I love the sections on pharmacology, clinical research, and interactions with drugs. The authors comments enhance the book a lot, as do the comparisons between formulae. It is refreshing to have a Chinese medicine book that has terminology that is easy to read and flows well. Congratulations on a monumental work. Giovanni Maciocia, C.Ac. (Nanjing). --Giovanni Maciocia, C.Ac. (Nanjing).

John Chen and Tina Chen have shown reverence for the historical treasures of Chinese Medicine and are a worthy conduit in transmitting these insights to present and future generations of medical practitioners. This major reference work offers insights for even the most experienced clinician as well as the beginning practitioner. It combines the highest level of scholarship and clinical application and is a major contribution to the ongoing growth of Chinese Medicine. This work provides a research-based milestone in the continuing integration of ancient and traditional Eastern medicine and modern Western medicine. Steven Rosenblatt, M.D., Ph.D., L.Ac. --Steven Rosenblatt, M.D., Ph.D., L.Ac.

About the Author
John K. Chen, Ph.D., Pharm.D., O.M.D., L.Ac. Dr. John Chen actively participates in education, research and the frontiers of contemporary application of herbal medicine. In addition to developing professional continuing education seminars and serving as a senior lecturer through the widely-respected Lotus Institute of Integrative Medicine, Dr. Chen speaks at seminars and conferences for universities and local, state, national and international educational and professional organizations. A professor at the University of Southern California School of Pharmacy and numerous colleges/universities of traditional Chinese medicine, Dr. Chen is also a member of the Herbal Medicine Committee for the American Association of Acupuncture and Oriental Medicine (AAAOM) and an herbal consultant for the California State Oriental Medicine Association (CSOMA). A recognized authority on Chinese herbal medicine and western (allopathic) pharmacology, Dr. Chen has written extensively on Oriental medicine and alternative complementary/integrative medicine for professional publications, journals and texts, drawing on his wealth of specialty post-graduate training and experience in mainland China in herbology as applied in internal medicine, and on his doctoral degrees from the University of Southern California (USC) School of Pharmacy and South Baylo University of Oriental Medicine. An editorial board member for the peer-reviewed journal of the American Academy of Medical Acupuncture (AAMA), Medical Acupuncture, John Chen was also a board member of the 1999 Los Angeles Times Festival Honorary Committee and speaker on Herbal Medicine for the City of Los Angeles First Annual Festival of Health. Appearing in the Discovery Channel 1999 six-hour documentary on alternative and complementary medicine, Dr. Chen served as the expert resource on Traditional Chinese Medicine. He also was a guest speaker on herb-drug interactions in 1998 for the annual USC Bergen Brunswig convention, during which he addressed over 400 pharmacists and medical doctors. Dr. Chen maintains his consulting practice in Southern California. Tina T. Chen, M.S., L.Ac. Tina Chen is an active and respected educator in Oriental medicine and Chinese herbal medicine. In addition to lecturing on TCM Gynecology and Cosmetology across North America through the widely-respected Lotus Institute of Integrative Medicine, Ms. Chen is active on the faculty of South Baylo University of Oriental Medicine and has been an active contributor to professional journals and publications. She has served as Southern California Chair of the Education Committee for the California State Oriental Medical Association (CSOMA), and as an examiner for the California State License Exam for acupuncturists, and from 1996-2001 maintained private practice of acupuncture and herbal medicine through Chen s Clinic in La Puente,

California. Her teaching and consulting is grounded in extensive post-graduate training in herbal medicine, and TCM gynecology and cosmetology in numerous hospitals in mainland China. This included concentrated training sponsored by the World Health Organization (WHO) in Guang-An-Men Hospital of Traditional Chinese Medicine, Beijing, in the People s Republic of China, specializing in internal medicine, acupuncture and gynecology; also intensive clinical training in internal medicine and gynecology at First Tien-Jin Hospital, People's Republic of China; and at An-Hui Hospital, People's Republic of China, advanced training in internal medicine. A graduate of South Baylo University of Oriental Medicine, she also earned a B.A. from the University of California at Irvine, in East Asian Language and Literature. She maintains a consulting practice in Southern California.

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