

Your Best Life Now: 7 Steps to Living at Your Full Potential

By Joel Osteen

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10th Anniversary Edition: Updated with New Chapter & Foreword

Pastor Joel Osteen asks everyone to examine what he or she really believes. Why is this important? Because we will become what we believe. Our beliefs will prove either a barrier or vehicle as we strive to go higher, rise above our obstacles, and to live in health, abundance, and victory.

In YOUR BEST LIFE NOW Osteen says, "I am what I am today because of what I believed about myself yesterday. And I will be tomorrow what I'm believing about myself right now. God sees us as more than conquerors, able to fulfill our destiny. We need to see ourselves through the eyes of our Creator." He says that our self-image should mirror exactly what God says about us, not what we feel or think. And he encourages readers to be people of faith, for if you can see the invisible, God will do the impossible.

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Editorial Review

Amazon.com Review
Houston televangelist Joel Osteen is well qualified to write this book, having used the seven principles he shares to achieve his own "rags-to-riches" story. At the heart of Osteen's message is that achieving a successful, prosperous life of fulfillment can only occur when we stop worrying about the past or future to make the most of each present moment by using our God-given strengths and talents to achieve our goals. The key to doing so are the seven steps Osteen outlines: Enlarge Your Vision, Develop a Healthy Self-Image, Discover the Power of Your Thoughts and Words, Let go of the Past, Find Strength Through Adversity, Live to Give, and Choose to Be Happy. Mixing biblical teachings with his own personal experiences, Osteen explains each of these seven steps in an encouraging, optimistic manner that makes them accessible to anyone interested in principles of personal growth. Although written with a Christian slant, the seven steps Osteen shares will have value to anyone wanting to know more about practical steps of self-betterment, regardless of their denomination.--*Larry Trivieri Jr.*

From Publishers Weekly
Houston megachurch pastor and inspirational TV host Osteen offers an overblown and redundant self-help debut. Many Christian readers will undoubtedly be put off by the book's shallow name-it-and-claim-it theology; although the first chapter claims that "we serve the God that created the universe," the book as a rule suggests the reverse: it's a treatise on how to get God to serve the demands of self-centered individuals. Osteen tells readers that God wants them to prosper, offering examples of obtaining an elegant mansion or a larger salary ("don't ever get satisfied with where you are," he cautions). In seven parts, he details how readers should enlarge their vision, develop self-esteem, discover the power of thought, let go of the past, find strength through adversity, give back to others and choose to be happy. The section on giving comes as too little, too late—Osteen's message to remember others and "get your mind off yourself" flies in the face of the previous 200 pages. There are some good pockets of advice, such as letting go of past hurts and avoiding bitterness. Editorially, the book would have packed more of a punch if a third of its repetitive slogans and stories had been pruned. Theologically, its materialism and superficial portrayal of God as the granter of earthly wishes will alienate many Christian readers who can imagine a much bigger God.
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About the Author
JOEL OSTEEN is senior pastor of America's largest church, Lakewood Church in Houston, Texas. His weekly services are seen by more than 10 million viewers each week in the United States, and millions more in 100 nations worldwide. He is the author of six #1 national bestselling books and has been named by numerous publications as one of the most influential Christian leaders in the world. He resides in Houston with his wife, Victoria, and their children.
Learn more: JoelOsteen.com

Users Review

From reader reviews:

Dorothy Delarosa:

Have you spare time for a day? What do you do when you have considerably more or little spare time? Sure,

you can choose the suitable activity with regard to spend your time. Any person spent their own spare time to take a move, shopping, or went to typically the Mall. How about open or perhaps read a book called Your Best Life Now: 7 Steps to Living at Your Full Potential? Maybe it is to get best activity for you. You recognize beside you can spend your time with your favorite's book, you can better than before. Do you agree with it has the opinion or you have various other opinion?

Duane Coley:

This Your Best Life Now: 7 Steps to Living at Your Full Potential is great e-book for you because the content and that is full of information for you who also always deal with world and still have to make decision every minute. This particular book reveal it data accurately using great manage word or we can declare no rambling sentences included. So if you are read it hurriedly you can have whole facts in it. Doesn't mean it only offers you straight forward sentences but tough core information with lovely delivering sentences. Having Your Best Life Now: 7 Steps to Living at Your Full Potential in your hand like finding the world in your arm, info in it is not ridiculous 1. We can say that no reserve that offer you world in ten or fifteen small right but this publication already do that. So , this is certainly good reading book. Hi Mr. and Mrs. hectic do you still doubt which?

Brandy Felts:

In this time globalization it is important to someone to find information. The information will make someone to understand the condition of the world. The condition of the world makes the information quicker to share. You can find a lot of personal references to get information example: internet, newspapers, book, and soon. You will see that now, a lot of publisher this print many kinds of book. Typically the book that recommended for you is Your Best Life Now: 7 Steps to Living at Your Full Potential this reserve consist a lot of the information of the condition of this world now. This particular book was represented how can the world has grown up. The dialect styles that writer value to explain it is easy to understand. The writer made some analysis when he makes this book. That is why this book acceptable all of you.

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