

Reclaim Your Family From Addiction: How Couples and Families Recover Love and Meaning

By Craig Nakken

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With histories, personal stories, and the latest research, this book helps readers chart their way out of addiction and back to the fullness of family by using principles that restore the "we" of lasting, loving relationships.

What happens to the "we" of a family when one member opts for the blind and single-minded "me" of addiction? In an instructive, reassuring way, Craig Nakken explains just how families and couples who have spent years building a life together can lose their cohesive identity and meaning in the wake of addiction. The perfect starting point in the healing process, this book Reclaim Your Family From Addiction-also reminds us that recovery is possible--for individuals, couples, and whole families--if only we know what to do. With histories, personal stories, and the latest research, the book helps readers chart their own way out of the hell of addiction and back to the fullness of family by using principles that restore the "we" of lasting, loving relationships. Craig Nakken, M.S.W., author of The Addictive Personality and Men's Issues in Recovery, lectures, trains, and specializes as a family therapist in the treatment of addiction. He lives in Minneapolis, Minnesota.

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Reclaim Your Family From Addiction: How Couples and Families Recover Love and Meaning By Craig Nakken Bibliography

- Rank: #794897 in Books
- Brand: Brand: Hazelden
- Published on: 2000-10-02
- Released on: 2000-08-25
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .70" w x 5.40" l, .85 pounds
- Binding: Paperback
- 288 pages

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Editorial Review

About the Author
Craig M. Nakken, MSW, CCDP, LCSW, LMFT, is an author, lecturer, trainer, and family therapist specializing in the treatment of addiction. With over twenty years of working experience in the areas of addiction and recovery, Nakken presently has a private therapy practice in St. Paul, Minnesota.

Users Review

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Why don't make it to become your habit? Right now, try to prepare your time to do the important behave, like looking for your favorite book and reading a reserve. Beside you can solve your condition; you can add your knowledge by the book entitled Reclaim Your Family From Addiction: How Couples and Families Recover Love and Meaning. Try to make book Reclaim Your Family From Addiction: How Couples and Families Recover Love and Meaning as your good friend. It means that it can to get your friend when you sense alone and beside associated with course make you smarter than before. Yeah, it is very fortuned in your case. The book makes you a lot more confidence because you can know everything by the book. So , we need to make new experience as well as knowledge with this book.

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John Damm:

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