

Who's Pushing Your Buttons?: Handling the Difficult People in Your Life

By John Townsend

Download Read Online

Who's Pushing Your Buttons?: Handling the Difficult People in Your Life
By John Townsend

Button-pushers come in all shapes and sizes, but they have one thing in common: Their behavior drives us crazy and makes us dream of ways to escape the mess we're in.

The person who pushes your buttons is likely someone who matters to you – a spouse, a parent, a boss, a fellow church member. Almost always this difficult person is connected to you by blood, love, faith, or money, so you can't just end the relationship without causing pain and upheaval in your life.

Our friends and today's culture will often advise us to abandon such relationships quickly – to end this unpleasant chapter and get on with our lives. Psychologist and author Dr. John Townsend disagrees, "Your button-pusher is not someone you would easily and casually leave. You are intertwined at many levels. It is worth the trouble to take a look at the ways the relationship you had, and want, can be revived and reborn."

In this easy-to-read book he offers

- Expert insights to help you understand your own button-pusher
- Wise assistance in determining the nature of the problem
- Compassionate help in identifying your failed attempts to fix things
- A hope-filled vision for what can be and how to make it come true
- Rich resources to help you navigate the necessary changes

Download Who's Pushing Your Buttons?: Handling the Dif ...pdf

Read Online Who's Pushing Your Buttons?: Handling the D ...pdf

Who's Pushing Your Buttons?: Handling the Difficult People in Your Life

By John Townsend

Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend

Button-pushers come in all shapes and sizes, but they have one thing in common: Their behavior drives us crazy and makes us dream of ways to escape the mess we're in.

The person who pushes your buttons is likely someone who matters to you – a spouse, a parent, a boss, a fellow church member. Almost always this difficult person is connected to you by blood, love, faith, or money, so you can't just end the relationship without causing pain and upheaval in your life.

Our friends and today's culture will often advise us to abandon such relationships quickly – to end this unpleasant chapter and get on with our lives. Psychologist and author Dr. John Townsend disagrees, "Your button-pusher is not someone you would easily and casually leave. You are intertwined at many levels. It is worth the trouble to take a look at the ways the relationship you had, and want, can be revived and reborn."

In this easy-to-read book he offers

- Expert insights to help you understand your own button-pusher
- Wise assistance in determining the nature of the problem
- Compassionate help in identifying your failed attempts to fix things
- A hope-filled vision for what can be and how to make it come true
- Rich resources to help you navigate the necessary changes

Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend Bibliography

- Sales Rank: #500460 in Books
- Published on: 2007-09-16
- Released on: 2007-09-16
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .63" w x 5.47" l, .50 pounds
- Binding: Paperback
- 224 pages

Download Who's Pushing Your Buttons?: Handling the Dif ...pdf

Read Online Who's Pushing Your Buttons?: Handling the D ...pdf

Download and Read Free Online Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend

Editorial Review

Review

"Do you have crazy-making relationships that won’t go away? Here an articulate mental health expert describes a variety of button-pushing patterns and their emotional dynamics. The rational perspective is comforting at first and allows some distance from the pain. But then the genial Dr. Townsend presses listeners to understand their own reactions and do something. He’s a clever writer and enjoyable to hear in spite of occasional indulgences in intellectual wheel-spinning. The morality of Christianity is obvious, but the stronger influences are the secular themes of self-scrutiny, honesty, and accountability. A key lesson is the author’s advice on how to talk with troublemakers about their behavior, once insight about the dynamics has been gained."
T.W. © AudioFile Portland, Maine

From the Inside Flap
You can regain control of your life and stop the stress

We all have at least one--a difficult person who know how to push our buttons and make us crazy. When we're really at wits end, our first inclination is to walk away. But Dr. John Townsend says that in his experience, most people give up too soon on their button-pusher. "They have a limited repertoire of responses, none of which are effective. So they resign themselves in hopelessness."

Instead of leaving your spouse or date, severing family ties, or breaking off a friendship in order to find peace, why not try something new? In this insightful book, Dr. Townsend introduces a revolutionary approach for reaching out to, confronting negotiating with, and setting appropriate limits for the button-pushers you know. It's an approach that holds out great hope for difficult people--and great encouragement for those of us who love them.

"Difficult, button-pushing people can and do change, in deep and long-lasting ways, all the time. I have seen it, and many other have witnessed and been a part of it. God has been in the business of changing difficult people for eons." the author of this book assures us. Find out what role you can play in changing your relationship.

About the Author

Dr. John Townsend is a leadership consultant, psychologist, and New York times bestselling author. He has written twenty-seven books, selling 8 million copies, including the 3 million-selling Boundaries series. John is founder of the Townsend Institute for Leadership and Counseling and conducts the Townsend Leadership Program. He travels extensively for corporate consulting, speaking, and working with leadership families. He and his wife, Barbi, live in Newport Beach, California. They have two sons. One of Dr. Townsend's favorite hobbies is playing in a band that performs in Southern California lounges and venues.

Users Review

From reader reviews:

Tonya Deschamps:

What do you with regards to book? It is not important along? Or just adding material when you really need something to explain what your own problem? How about your extra time? Or are you busy individual? If you don't have spare time to accomplish others business, it is make you feel bored faster. And you have time? What did you do? Everybody has many questions above. They must answer that question simply because just their can do this. It said that about publication. Book is familiar on every person. Yes, it is correct. Because start from on guardería until university need this specific Who's Pushing Your Buttons?: Handling the Difficult People in Your Life to read.

Roger Bennett:

Reading a book can be one of a lot of task that everyone in the world loves. Do you like reading book therefore. There are a lot of reasons why people enjoy it. First reading a guide will give you a lot of new info. When you read a publication you will get new information since book is one of various ways to share the information or even their idea. Second, reading through a book will make anyone more imaginative. When you examining a book especially fictional book the author will bring that you imagine the story how the character types do it anything. Third, you can share your knowledge to others. When you read this Who's Pushing Your Buttons?: Handling the Difficult People in Your Life, you may tells your family, friends as well as soon about yours publication. Your knowledge can inspire the others, make them reading a publication.

Jeffrey Peak:

A lot of people always spent their own free time to vacation or even go to the outside with them household or their friend. Are you aware? Many a lot of people spent many people free time just watching TV, as well as playing video games all day long. If you would like try to find a new activity that's look different you can read a new book. It is really fun for you. If you enjoy the book which you read you can spent 24 hours a day to reading a e-book. The book Who's Pushing Your Buttons?: Handling the Difficult People in Your Life it is quite good to read. There are a lot of people that recommended this book. These were enjoying reading this book. When you did not have enough space to create this book you can buy the e-book. You can m0ore effortlessly to read this book from the smart phone. The price is not very costly but this book offers high quality.

Thomas Mitchell:

As we know that book is very important thing to add our knowledge for everything. By a reserve we can know everything we want. A book is a pair of written, printed, illustrated or perhaps blank sheet. Every year has been exactly added. This publication Who's Pushing Your Buttons?: Handling the Difficult People in Your Life was filled concerning science. Spend your extra time to add your knowledge about your science competence. Some people has different feel when they reading any book. If you know how big good thing

about a book, you can truly feel enjoy to read a e-book. In the modern era like currently, many ways to get book which you wanted.

Download and Read Online Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend #23SQ4TK0U6I

Read Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend for online ebook

Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend books to read online.

Online Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend ebook PDF download

Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend Doc

Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend Mobipocket

Who's Pushing Your Buttons?: Handling the Difficult People in Your Life By John Townsend EPub