

Canadian Counselling and Counselling Psychology in the 21st Century

By Ada L. Sinacore, Freda Ginsberg

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Canadian counsellors and counselling psychologists have made significant advances in mental health services and the broader field of applied psychology, but much of the counselling and counselling psychology scholarship has been published outside of Canada, rendering it difficult to identify as distinctly Canadian.

This path-breaking book highlights the work of Canadian counsellors and counselling psychologists and focuses on issues pertinent to practising in Canada. Key topics such as scientific issues, health, wellness, prevention, career psychology, assessment, training and supervision, and social justice and multiculturalism are explored in detail. Using a strength-based framework, each chapter attends to societal factors, diversity of methodological frameworks, and an analysis of the challenges and future directions for the disciplines.

Providing a common voice for a diverse group of students and professionals, Canadian Counselling and Counselling Psychology in the 21st Century will be of interest to counsellor educators, faculty in counsellor and counselling psychology training programs, and counsellors interested in advancing their understanding of the current state of the field.

Contributors include Kevin G. Alderson (University of Calgary), Nancy Arthur (University of Calgary), Bill Borgen (University of British Columbia), Marla Buchanan (University of British Columbia), Erin Buhr (Trinity Western University), Lee Butterfield (Adler School of Professional Psychology), Sharon Cairns (University of Calgary), Sandra Collins (Athabasca University), Jose Domene (University of New Brunswick), Marilyn Fitzpatrick (McGill University), Nick Gazzola (University of Ottawa), Freda Ginsberg (SUNY Plattsburgh), Liette Goyer (Universite Laval), Bryan Hiebert (University of Victoria), George Hurley (Memorial University of Newfoundland), Anusha Kassan (University of British Columbia), Patricia Keats (Simon Frazer University), Audrey Kinzel (University of Saskatoon), Vivian Lalande (University of Calgary, Sasha Lerner (McGill University), Anne Marshall (University of Victoria), Marv McDonald (Trinity Western University), Louise Overington (McGill University), Jane M. Oxenbury (Independent Practice), Sharon Robertson (University of Calgary), Ada L. Sinacore (McGill University), Suzanne L. Stewart (OISE, University of Toronto), and Jessica Van Vliet

(University of Alberta).

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Editorial Review

About the Author

Ada L. Sinacore is associate professor of counselling psychology at McGill University, a fellow of the Canadian Psychological Association, and chair of the Canadian Psychological Association's Section on Counselling Psychology. Freda Ginsberg is assista

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