

Doing Neurofeedback: An Introduction

By Richard Soutar, Robert Longo

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This book, presented in full color for easy reading, is highly recommended for students and healthcare professionals who want to integrate neurofeedback (EEG Biofeedback) and quantitative EEG (QEEG) into their treatment options for patients and clients. The authors have over 30 years of combined experience and offer an easily read, comprehensive historical and clinical perspective. Topics include brain anatomy and physiology, models of disorders, basic electronics necessary to understand the recording process, learning/behavior theory, how to create treatment protocols, and how to evaluate clinical progress. The book also devotes a chapter to the history and clinical understanding of audio-visual entrainment. About The Authors: Richard Soutar, PhD has been involved in neurofeedback for 20 years, is the director of New Mind Neurofeedback Center in Atlanta, Georgia, and is actively conducting workshops and mentoring new practitioners interested in BCIA certification. He is author of the New Mind Webcourse, the Creator of the New Mind Maps Database Analysis System, and author of several books in the field of neurofeedback. Robert Longo, MRC, LPC, NCC, BCN is Board Certified in neurofeedback and practices in North Carolina. Rob works with youth and adults and specializes in working with youth who have emotional and behavioral problems.

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Editorial Review

About the Author
Richard Soutar, Ph.D., BCN, is a board certified neurofeedback provider who has managed clinics throughout the United States. He is the director of neurofeedback services at New Mind Center in Atlanta, Georgia, as well as director of research and development for New Mind Technologies, which provides Internet-based assessment and brain-mapping services for clinics.

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