

Love's Big Picture: Workbook

By Johnathan Hines MA

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Like it or not, humans are not meant to be solitary beings. Socialization and love are part of our make up. But love is not always easy. That could be because we confuse love with other emotions, or that we just don’t understand love. It starts with YOU. Nothing was ever more true than the statement, “you need to learn to love yourself before you can truly love someone else.” Love’s Big Picture will help you to understand love, and other emotions associated with love. You will learn why loving yourself first and foremost is important. You’ll also discover how forgiveness is linked into the equation and how forgiving can bring you peace. The way we express love gives our lives meaning. Our relationships give our lives meaning and they make us who we are. If you want to learn the secrets of love… not getting a date or keeping a girlfriend… but love in the true and deepest sense, the love for which we were all made, you need the Love’s Big Picture workbook. We often feel we do not fully understand what love is and what it means. It is unconditional. It is not boastful or loud. It is a deep feeling that we can all experience. The problem is, we often don’t know how, and the things we think are love are filled with other emotions left over from past experiences. Those past experiences can get in the way of a fulfilling, satisfying, happy life full of love. In Love’s Big Picture, you will learn what love is, how to move past your bank of life experiences, and you will learn how to love, and to be loved. You will learn about humility, trust, and forgiveness – you will learn how all of these things add up to the ability to love fully and deeply. If you are ready for the most eye-opening journey of your life, you need Love’s Big Picture.

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