

Occupational Therapy Manual for the Evaluation of Range of Motion and Muscle Strength

By Donna Latella, Catherine Meriano

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This occupational therapy manual instructs students in the use of assessment tools when evaluating the range of motion and strength of clients, yet emphasizes the time efficiency required in today's healthcare environment. Students learn to screen clients for strength and motion deficits using functional observation and to formulate appropriate intervention plans through gross manual muscle assessment. Students also receive instruction in methods of isolated manual muscle testing and when it is appropriate to progress to this specific assessment.

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Editorial Review

Review
Teaching occupational therapy students to evaluate clients using manual muscle testing and goniometry, this manual emphasizes the need to combine procedural knowledge of functional observation and gross and isolated muscle testing with flexibility and higher clinical reasoning. Some 350 black and white photos detail manual muscle testing step by step. The authors teach occupational therapy at Quinnipiac University. - Book News Inc.

This manual is an easy to follow guide for the evaluation of range of motion and muscle strength. This spiral bound book contains three chapters covering goniometry, gross manual muscle testing, and isolated manual muscle testing and appendixes for muscle tables, range of motion tables, and sample evaluation forms. The purpose is to provide the students preparing to enter a clinical setting with formal instruction techniques. The content and structure is user friendly. This book offers functional examples of muscle movements to be observed by the students to relate in a clinical setting. The book designates icons that are used throughout the book, which guide the students through specific areas for caution and ASHT guidelines. This is a useful book for the novice student as well as a quick review for the practicing therapist. - (Doody's Review) Mary D. Groves, B.S. from Kaiser Permanente

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Users Review

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