

Six Therapists and One Client, Second Edition

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How would therapists using different theoretical systems handle the very same client?

This volume demonstrates how six therapists working within the structures of six different major theoretical orientations would treat the same person. Approaches include - Ericksonian Hypnotherapy (Lankton) REBT (Ellis), Multimodal Therapy (Lazarus), Individual Psychotherapy (Corsini), Person-centered Therapy (Zimring), and Cognitive Behavior Therapy (McGrady). Each therapist explains the thinking that underpins his or her clinical interventions. It is this thinking aloud methodology which makes each chapter an invaluable text for psychotherapy students. Each chapter is followed by a critique by experts in the field.

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Editorial Review

Review
"... promises... an exciting and gripping read for intelligent lay persons hungering for an inside glimpse into the world of psychotherapy,..." -- *Robert Perloff, PhD, Distinguished Service Professor Emeritus Department of Psuychology, University of Pittsburgh*

"include comprehensive information about each theory... includes personal background about each clinician and critiques for each therapeutic approach. -- *Florence L. Denmark, PhD,Robert Scott Pace Distinguished Professor, and Chair Psychology Department, Pace University*

Review

"Comparative studies in psychology are very rare and much needed. This comprehensive and well-written book certainly fills a gap in the clinical literature. Its organization, in which the various theories are applied to a single case study, makes the volume particularly helpful in evaluating various modalities of treatments....Not only does the text include comprehensive information about each theory, it also includes personal background about each clinician and critiques for each therapeutic approach. These features make it especially useful for the practitioner, scholar, and student."

--**Florence L. Denmark,** PhD, Robert Scott Pace Distinguished Professor, and Chair, Psychology Department, Pace University

"...exciting and gripping read for intelligent laypersons hungering for an inside glimpse into the world of psychotherapy, a world that each of us, ourselves or our friends and families, will be destined to enter sooner or later in our lives."

--**Robert Perloff**, PhD, Distinguished Service Professor Emeritus, Department of Psychology, University of Pittsburgh

From the Back Cover
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