

Transforming Your Relationship with Money and Achieving Financial Independence: Your Money or Your Life

By Joseph R. Dominguez

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Are you making a living? Or as Joe DOminguez puts it, are you making a dying? This unlikely hero of the conscious living movement was born in Harlem and went on to a successful career on Wall Street, retiring at age 30. How he did it - and how anyone can do it - made his first book, Your Money or Your Life (Penguin, 1999), a publishing phenomenon - seven times on the New York Times how-to bestseller list, an Oprah! feature, articles in the Chicago Tribune, Utne Reader, San Francisco Chronicle, and dozens of others.

Joe Dominguez achieved financial independence not through a get-rich-quick scheme, but through a path of inquiry that led him to question the very nature of our relationship with money. Now the seminal work that led directly to this unique publishing success story is available for the first time to the mass market, with Transforming Your Relationship with Money.

Previously available only through direct mail, here is the complete audio seminar taught by Joe Dominguez himself that defines a new path to financial independence for our times. With 12 compelling lectures and a 120-page workbook, Dominguez brings listeners face to face with the misconceptions and habits that cause us to chase and endlessly spend money. He draws the equation between money and our most precious resource - our life energy - so that a powerful new definition of money emerges. In nine simple steps he teaches how to consciously track, evaluate, and direct the flow of money - without compromising our principles or most cherished dreams.

"The foolish person wants more money, and more of the things money can buy," Dominguez says. "The wise person wants enough money, and more of the things money can't buy: health, happiness, love, and peace of mind." Now the personal money management course that brings this wisdom to consciousness is open to everyone, with Transforming Your Relationship with Money.

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Editorial Review

From Library Journal
In 1997 Dominguez (coauthor, Your Money or Your Life) died, leaving a lifelong legacy, having made a difference to those struggling to integrate money successfully into their lives. In this special collection of parts of his 1980-85 seminars on "Transforming Your Relationship with Money," listeners have a rare opportunity to hear Dominguez explain his philosophical approach to making a living, vs. making a dying, and reveal his nine steps to achieving success by consciously tracking, evaluating, and directing the flow of money, without compromising one's principles and dreams. The accompanying workbook makes this seminar-in-a-box a solid contribution to the vast financial management genre, highlighted by the author's principle-driven approach that enabled him at age 31 to retire on $500 a month. While Dominguez's comment that he is not a professional speaker is certainly true, his heartfelt delivery in these live programs still conveys the power that comes from asking fundamental questions about one's relationship with money. A very special program; recommended for all libraries. Dale Farris, Groves, TX
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About the Author
Joe Dominguez was born in Spanish Harlem, trained as a mechanical engineer at the City College of New York, and worked for ten years on Wall Street as a financial analyst. He retired at age 30 in 1969, and dedicated the rest of his life to humanitarian service. He is the author, with Vicki Robin, of the national bestseller Your Money or Your Life.

From AudioFile
This is the most annoying listening experience in recent memory -- a live recording in a horrible room with an inconsistent microphone. But it's also one of the most powerful on the subject of relating to one's money. The former Wall Street broker made his money early, then spent most of his career giving seminars on managing money. It's your life energy, he says, and you'll move toward financial independence more quickly if you think of it that way. One of many powerful suggestions he offers is to keep track of every cent you spend and weigh the amounts against what really matters to you. It's a simple approach but could be the turning point you're looking for. T.W. © AudioFile 2002, Portland, Maine-- *Copyright © AudioFile, Portland, Maine*

Users Review

From reader reviews:

Aracely Schneider:

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Robert Lindsey:

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