

The Conscious Parent's Guide to Gender Identity: A Mindful Approach to Embracing Your Child's Authentic Self (The Conscious Parent's Guides)

By Darlene Tando

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If your child is questioning their gender identity, you may have questions of your own. *The Conscious Parent's Guide to Gender Identity* helps answer those questions, providing a relationship-oriented approach to supporting your child's journey. Conscious parenting means being present with your children and taking the time to understand their point of view. Using this mindful method, you can support and guide your children as they discover their authentic selves.

With this easy-to-navigate guide, you'll learn how to...

- Communicate openly with your child about gender identity
- Empower your child to make their own decisions
- Create a welcoming environment at home
- Guide your child through social and medical transitions
- Help your child feel comfortable with friends, at school, and in your community
- Deal with others' opinions about your parenting choices
- Plan a happy, successful future for you and your child

This mindful method of parenting will allow you and your children to strengthen your bond while allowing them to be who they truly are.

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Editorial Review

About the Author

Darlene Tando, Licensed Clinical Social Worker, is a passionate advocate for and ally of the trans community. Darlene earned her bachelor's degree in psychology at the University of California at Santa Barbara and her master's degree in social work at San Diego State University. She has a private practice dedicated to working with gender nonconforming/transgender youth and adults in San Diego and has been working with transgender individuals since 2006. Darlene has appeared on *The Doctors*, *Good Morning America*, San Diego news programs, and the CNN short film *Raising Ryland* as a gender specialist.

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This The Conscious Parent's Guide to Gender Identity: A Mindful Approach to Embracing Your Child's Authentic Self (The Conscious Parent's Guides) book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you receive by reading this book is definitely information inside this book incredible fresh, you will get info which is getting deeper an individual read a lot of information you will get. That The Conscious Parent's Guide to Gender Identity: A Mindful Approach to Embracing Your Child's Authentic Self (The Conscious Parent's Guides) without we comprehend teach the one who reading through it become critical in considering and analyzing. Don't end up being worry The Conscious Parent's Guide to Gender Identity: A Mindful Approach to Embracing Your Child's Authentic Self (The Conscious Parent's Guides) can bring if you are and not make your bag space or bookshelves' come to be full because you can have it in the lovely laptop even cell phone. This The Conscious Parent's Guide to Gender Identity: A Mindful Approach to Embracing Your Child's Authentic Self (The Conscious Parent's Guides) having good arrangement in word in addition to layout, so you will not really feel uninterested in reading.

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