


# EFT for Love Relationships

*By Dawson Church Ph.D.*

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**EFT for Love Relationships** By Dawson Church Ph.D.

Relationships can be heaven - or hell. They can take us to the most sublime and happy states, or trap us in endless cycles of misery. Dawson Church has been dedicated for many years to helping people shift their relationships to create warm and deep emotional intimacy. As a scientific researcher, he's investigated which techniques really work to truly make love flourish. These tools, like mindfulness, EFT tapping, and heart coherence, are surprisingly quick and easy to learn, yet produce profound relationship shifts. In this book, he's explains how our hormones and biology drive our behavior, and actually sabotage long-term relationships despite our best intentions. He then guides you into creating deep and lasting change. If you're ready for a radically different experience, and a whole new relationship future, this book is for you.

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## Editorial Review

About the Author

Dawson Church, PhD, has successfully coached thousands of people to fulfilling and rewarding relationships. He created an online program called Tapping Deep Intimacy which teaches leading-edge and science-based relationship tools. He is an award-winning author whose best-selling book, The Genie in Your Genes, has been hailed as a breakthrough in the field of epigenetics. He has conducted many clinical trials, with a focus on the remarkable self-healing mechanisms now emerging at the intersection of emotion and gene expression. He applies these breakthroughs to health and athletic performance through EFT Universe.com, which is one of the largest alternative medicine sites on the web. He was educated at Baylor University and Holos University, where he earned his doctorate under the tuition of Harvard-trained neurosurgeon Norm Shealy, MD, PhD.

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