

The Ultimate Guide to Male Sexual Health: How to Stay Vital at Any Age

By Dudley Seth Danoff MD FACS

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A meticulous examination of the essentials of male sexual health, arousal, and anatomy, this book provides nonjudgmental, practical, safe advice for banishing stress from the bedroom and making sex fun again. Written for men of all ages and their partners of either gender, this book explains the psychological and physical causes of PW (penis weakness) and provides a comprehensive look at the medical and nonmedical options for treating it. Whether the reader is looking to improve his genital health, last longer, or overcome PW-related issues like erectile dysfunction and impotence, this straightforward guide will help determine the fundamental causes of male problems using methods that fit all lifestyles and health profiles. A revolutionary guide to super potency, this book will give men the confidence and ability to perform sexually in any situation at any age.

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Editorial Review

Review
"Finally an easy and practical approach to male sexuality. *The Ultimate Guide to Male Sexual Health* is the book that every man (and woman) will go to when questions arise about the performer and the act of the performance."
--David Y. Josephson, MD, Program Director, Urologic Oncology and Robotic Surgery Fellowship, City of Hope National Medical Center

"Dr. Danoff, a world-class urologist, has written a world-class book that should be read by every man and woman who enjoys sex."
--Wolfgang Puck, restaurateur and world-famous chef, Spago

"A great book. The *Ultimate Guide to Male Sexual Health* is a must-read for all men and women who love sex!"
--Mancow Muller, host, Mancow Experience, WABC Talk Radio

"Dr. Danoff brings forward his deep knowledge and experience as a leading urologist in an educational and entertaining book that should address every question that most men utter only inside the confines of their doctors' exam rooms. I should tell you that their wives and girlfriends ask me the same questions, and this book is a great resource for them as well."
--Sharron L. Mee, MD, Female Urologist

"A must-read for all men who care about their physical and sexual health."
-- Joe Weider, world-famous bodybuilder, fitness guru, and publisher of *Men's Fitness*

"A stimulating and educational medical guide that will renew men's lives in the bedroom and keep them out of the operating room."
-- Stuart Holden, MD, Medical Director, Prostate Cancer Foundation

“Insightful, educational, and liberating—this book is going to help a lot of people.” —Bill Paxton

“Simply the most empowering book of the millennium—a mastery of storytelling.”
— Christopher S. Ng, MD, Chief, Division of Urology, Cedars-Sinai Medical Center

“At last it is great to see a volume that produces such a constant flow of information. The information fills nearly every void on the subject and finally exposes the long and short of it.”
—Johnny Mathis

“One of the best books I have ever read on male sexual health; extremely well written, easy to understand, informative, and lighthearted.”
— George DeJohn, host, Train Station Fitness Show, SportsRadio,
and creator, 21 Day Body Makeover

“Where was this book when I was growing up? I could have been Superman instead of Caspar Milquetoast!”
—Terence Kingsley-Smith, writer

“The Ultimate Guide to Male Sexual Health is definitely original. It’s also clever, informative, and entertaining.”
—Ron Clark, playwright

“A book loaded with wisdom and wit, masterfully written by Dr. Dudley Seth Danoff. I recommend this book highly as a happy Dr. Danoff patient. For over thirty-five years, he has kept my ‘below the belt’ confidence high and my PSA low.”
—Jerry Mayer, playwright and television writer and producer

About the Author

Dudley Seth Danoff, MD, FACS, is a diplomat of the American Board of Urology and a fellow of the American College of Surgeons, with a medical degree from Yale University and urologic surgical training and fellowship from Columbia University-Presbyterian Medical Center. He is a former member of the clinical faculty at the University of California-Los Angeles School of Medicine, the founder and president of the Cedars-Sinai Tower Urology Medical Group. He is the author of *Penis Power, Superpotency* and *The Ultimate Guide to Male Sexual Health*. He lives in Beverly Hills, California.

Users Review

From reader reviews:

Robert Hester:

The reason? Because this The Ultimate Guide to Male Sexual Health: How to Stay Vital at Any Age is an unordinary book that the inside of the publication waiting for you to snap it but latter it will distress you with the secret it inside. Reading this book beside it was fantastic author who also write the book in such incredible way makes the content within easier to understand, entertaining means but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this any longer or you going to regret it. This unique book will give you a lot of advantages than the other book include such as help improving your ability and your critical thinking method. So , still want to hesitate having that book? If I were being you I will go to the guide store hurriedly.

George Jamison:

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Kelly Gomes:

On this era which is the greater person or who has ability in doing something more are more valuable than

other. Do you want to become considered one of it? It is just simple strategy to have that. What you have to do is just spending your time very little but quite enough to experience a look at some books. One of the books in the top listing in your reading list is definitely The Ultimate Guide to Male Sexual Health: How to Stay Vital at Any Age. This book which can be qualified as The Hungry Slopes can get you closer in getting precious person. By looking upward and review this reserve you can get many advantages.

Ester Beckles:

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