

Broken Heart on Hold: Surviving Separation

By Linda Rooks

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A woman who is separated needs a friend to walk beside her on her difficult journey.

Broken Heart on Hold is that friend, one that will uplift, encourage, and hold her up while offering practical insights and pointing her to God. It is a book of hope. Because it is written by a woman who has gone through the trauma of a separation and the eventual healing of her own marriage, the reader will know she is not alone.

This collection of honest, heartfelt messages reaches down into the valleys of a woman's loneliness, travels with her through her mental labyrinths, and sheds light in the dark tunnels where answers seem nonexistent. It provides the emotional and spiritual strength to help a woman sort through her confusion.

While winding her way through the maze of her emotions, she will realize there is hope as she hangs on to God and trusts him for the outcome. *Broken Heart on Hold* is a book she will return to again and again.

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Editorial Review

About the Author
In the '90s after more than twenty years of marriage, Linda W.Rooks and her husband Marv suffered through a painful three-yearseparation. But, unlike many couples, their story had a happy ending.They reunited in 1998 with a stronger marriage than before.

Because they have experienced the pain of a severe marital trauma but alsofound the hope of restoration, they are eager to share that hope withothers. Having the correct formula is not enough. A person in maritalcrisis needs emotional and spiritual strength to get to the other side. In Broken Heart on Hold, Surviving Separation, Linda shares from herheart and her experience to help those in marital trauma find relief.She is there to walk beside the reader to shed light in the dark tunnelof marital breakdown.

As a freelance writer with a degree inCreative Writing from San Francisco State University, Linda has had more than 70 pieces of her writing published in national and localpublications, including Chicken Soup for the Soul. She is listed inWho's Who in America, Who's Who of American Women, and Who's Who in theWorld and was featured in Today's Christian Woman.

Linda and Marv have two married daughters and five young grandchildren. Today some of their most treasured moments involve spending time with theirgrandchildren--together.

To read and/or subscribe to Linda'sblog, go to lindarooks.com. For more resources to help yourmarriage, visit brokenheartonhold.com

Users Review

From reader reviews:

Lawrence Gibbs:

In this 21st one hundred year, people become competitive in each way. By being competitive now, people have do something to make them survives, being in the middle of the crowded place and notice by surrounding. One thing that often many people have underestimated that for a while is reading. Sure, by reading a guide your ability to survive raise then having chance to stand up than other is high. To suit your needs who want to start reading a new book, we give you this Broken Heart on Hold: Surviving Separation book as nice and daily reading publication. Why, because this book is usually more than just a book.

Amelia Page:

Reading a book can be one of a lot of task that everyone in the world really likes. Do you like reading book therefore. There are a lot of reasons why people love it. First reading a e-book will give you a lot of new facts. When you read a book you will get new information because book is one of various ways to share the information or their idea. Second, looking at a book will make you more imaginative. When you looking at a book especially hype book the author will bring someone to imagine the story how the character types do it anything. Third, you can share your knowledge to other individuals. When you read this Broken Heart on Hold: Surviving Separation, you may tells your family, friends as well as soon about yours e-book. Your

knowledge can inspire the others, make them reading a publication.

Morgan Johnson:

Your reading 6th sense will not betray a person, why because this Broken Heart on Hold: Surviving Separation publication written by well-known writer we are excited for well how to make book which might be understand by anyone who read the book. Written throughout good manner for you, dripping every ideas and producing skill only for eliminate your current hunger then you still uncertainty Broken Heart on Hold: Surviving Separation as good book not merely by the cover but also through the content. This is one reserve that can break don't determine book by its protect, so do you still needing one more sixth sense to pick this specific!? Oh come on your examining sixth sense already alerted you so why you have to listening to an additional sixth sense.

Hazel Mercado:

As we know that book is vital thing to add our understanding for everything. By a reserve we can know everything we would like. A book is a group of written, printed, illustrated as well as blank sheet. Every year ended up being exactly added. This reserve Broken Heart on Hold: Surviving Separation was filled with regards to science. Spend your spare time to add your knowledge about your scientific disciplines competence. Some people has different feel when they reading a book. If you know how big selling point of a book, you can truly feel enjoy to read a book. In the modern era like now, many ways to get book you wanted.

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