

Career Counseling: A Holistic Approach

By Vernon G. Zunker

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Providing the most current, comprehensive coverage available, CAREER COUNSELING: A HOLISTIC APPROACH, 9th Edition equips readers with a solid understanding of the theoretical models of career counseling as well as practical techniques on how to effectively counsel clients. The text's innovative holistic or "whole person" approach demonstrates how to consider a client's values, temperament, talents, and passions when trying to determine his or her best career fit. Thoroughly revised and updated, the ninth edition includes chapters on integrating career and personal counseling, job loss and transitions, adult career development, and career-related programs in middle schools. In addition, diversity issues are integrated throughout, while relevant case studies bring chapter concepts to life.

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Review
"I find this product is one of the strongest on the market that is more inclusive of the whole lifespan and includes the holistic considerations. The traditional separation of career counseling and personal counseling is bridged in this text. This is an excellent move to unite the counseling profession, and to demonstrate that the two cannot be separated."

"This is a very comprehensive, thorough, and inclusive reference text within the field of career development and career counseling. The author provides in-depth, contextual information related to serving special populations, including female and male clients, clients with disabilities, racial/ethnic minority clients, and clients within a variety of age groups."

About the Author
Vernon Zunker is a retired professor from Southwest Texas State University. He earned his Ed.D. with an emphasis on counseling from the University of Houston and completed a residency in clinical psychology at the University of Texas Medical School at Galveston. Although retired from teaching, Dr. Zunker continues to push the discipline forward by keeping career counseling relevant to all counseling students.

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