

Grief Counseling and Grief Therapy: A Handbook for the Mental Health Practitioner, Third Edition

By J. William Worden

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Praise for earlier editions:

Worden ... has again provided mental health professionals with a superb guide describing specific principles and procedures that may be helpful in working with bereaved clients undergoing normal or abnormal grief reactions .... an extremely practical book and an invaluable resource.
--*Contemporary Psychology*

This book is the 'Bible' for those involved in the field of bereavement work...It is a straightforward, tightly focused, practical, soundly reasoned, compact working text."
--William M. Lamers, Jr., MD., The Lamers Medical Group

If you had one book dealing with grief counseling available to you, this is the one you should select."
--*Caregiver Quarterly*

Worden has brought a critical and discerning mind to bear. ... His delineation of 'the tasks of mourning' is a masterly and original summation, and the ways by which we can help others to grow through grieving are clearly described."
--From the Foreword by Colin Murray Parkes, UK edition

In this updated and revised third edition of his classic text, Dr. Worden presents his most recent thinking on bereavement drawn from extensive research, clinical work, and the best of the new literature. Readers will find new information on special types of losses--including children's violent deaths, grief and the elderly, and anticipatory grief--as well as refinements to his basic model for mourning. It now not only includes the four "tasks of mourning" but also seven "mediators of mourning." In addition, a series of vignettes, the best of the first and second editions, plus several new to this edition, bring bereavement issues to life.

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Editorial Review

From the Back Cover
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About the Author
, now in its fourth edition, has been translated into 12 foreign languages and is widely used around the world as the standard reference on the subject. Dr. Worden's clinical practice is in Laguna Niguel, California.

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