

And I Am Afraid of my Dreams

By Wanda Poltawska

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In February 1941, Wanda Po?tawska was arrested by the Gestapo. She was nineteen years old. Charged with aiding and abetting the resistance movement a heinous crime in Nazi-occupied Poland she was sent to the notorious Ravensbrück concentration camp. And I Am Afraid of My Dreams is Po?tawska's account of the four years spent in the camp, where the prospect of death, whether from starvation, exhaustion, or summary execution, was a daily reality. Wanda was used as one of the camps guinea pigs and became a victim of cruel medical experimentation by Nazi doctors. Many of her friends died or were left with horrific physical and psychological injuries as a result of these experiments. Wanda bravely faced each day and pledged to become a doctor if she ever got out alive. Originally written nearly fifty years ago, this powerful story is an enduring testament to the courage of the human spirit.

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Editorial Review

Language Notes
Text: English (translation)
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About the Author
Wanda Poltawska became a doctor after World War II and went on to study psychiatry and specialize in the treatment of juvenile patients, including the deeply-traumatized Auschwitz children. She worked in the psychiatric clinic of Krakow s Medical Academy and at Jagiellonian University in Poland. She was also a close friend and advisor to Pope John Paul II, serving on the Papal Commission on Family Matters. Married with four daughters, Póltawska resides in her native Poland.

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