

Manual of Dietetic Practice

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The standard work for all those involved in the field of clinical nutrition and dietetics, The Manual of Dietetic Practice has been equipping health care professionals with the essential foundations on which to build expertise and specialist skill since it was first published in 1988.

The fourth edition responds to the changing demand for multidisciplinary, patient-centred, evidence-based practice and has been expanded to include dedicated chapters covering adult nutrition, freelance dietetics, complementary and alternative therapies.

Compiled from the knowledge of both individual experts and the British Dietetic Association's Specialist Groups, this truly is the essential guide to the principles of dietetics across its whole range.

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Editorial Review

Review
?This is an immensely valuable and comprehensive reference book for all dietitians, including those newly qualified and those returning to practice, as well as dietetic students. It will be equally useful to other healthcare professionals interested in the application of nutrition.? (*The British Dietetic Association* , 2008)

From the Back Cover
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About the Author
Francis Bryan is the pseudonym of a very prominent British broadcast journalist.

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