

Dianetics: The Modern Science of Mental Health

By L. Ron Hubbard

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Dianetics: The Modern Science of Mental Health By L. Ron Hubbard

SYNOPSIS

The bolt from the blue that began a worldwide movement. For here is L. Ron Hubbard’s landmark book presenting his discovery of the reactive mind that underlies and enslaves Man. It’s the source of nightmares, unreasonable fears, upsets and insecurity. And here is the way to get rid of it and achieve the long sought goal of Clear. This is the complete handbook of Dianetics procedure and, with it, any two reasonably intelligent people can break the chains that have held them prisoner to the upsets and trauma of the past. A bestseller for more than half a century and with tens of millions of copies in print, translated in more than fifty languages and used in more than 100 countries of Earth, Dianetics is indisputably the most widely read and influential book about the human mind ever written. And for that reason, it will forever be known as Book One.

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Dianetics: The Modern Science of Mental Health By L. Ron Hubbard Bibliography

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Editorial Review

Review

" Dianetics can remove the aberrations which make man a selfish and anti-social creature.... It holds hope that man may at last dispense with the ugly institution of war, because wars are the end product of social aberrations at the national level... Dianetics can rectify the mental short circuits which bring accidental death, can increase longevity, minimize the pain of child-bearing and present Mankind with vast new intellectual vistas..." --Los Angeles Daily News

"...the wave of interest in the subject Dianetics which has swept the country." --Publishers Weekly

From the Author

“We have around us today many problems: problems of the criminal, war, individual illness and juvenile delinquency. We are faced with very intimate and vital problems which we are not, as a large society, adequately solving. Dianetics has introduced into the society a technique by which it is possible to increase the potential working groups in the country.

“I would like to tell you a little more about Dianetics, its general ability to remedy some of the troubles and problems with which the community, the individual, the nation are faced. We have quite a few things in this society today which need remedying, and we are in a little bit better position to remedy these things.

“Dianetics is a series of techniques, tested on an engineering basis, which do things with the science of thought. You hear people say, ‘Dianetics? This is probably just another idea. If we sleep on featherbeds we will all be much healthier, etc.’ This is the sort of thing that has been going on in the past about thought itself: ‘If you sit with your legs crossed for fifteen minutes every morning and say, ‘Every day in every way we are getting better and better, ‘” etc. In the past they were trying to sell this sort of thing as a substitute for a good science of thought. The public is very justly suspicious of anything new that pretends to do something about the human mind.

“We have reached the place where we can blow a whole town off the face of the earth, drive automobiles at 110 miles an hour and unload how many tons of weight, where, at such and such a time, but nobody has been adequately studying the human mind itself.

“Doctors know that human ills stem from the mind. New remedies come out: ‘All you have to do is take so-and-so and life is wonderful.’ The thinking medical men, however, who have ability and who have done observations on their own, know that none of these medicines are panaceas…. With 75% of man’s ills very little advance has been made…

“In Dianetics we demonstrate the fact that we have techniques to do away with psychosomatic illnesses. People say, ‘Why didn’t someone know this before? Why didn’t someone know that we

could recover all our memories of childhood?

“One day I ran into a lady. She hadn’t known who her parents were... Her parents had died before she knew them. I took her back to the period where she could see her parents. We found her name, what her birthday was, where her parents had died, of what they had died, etc. She came back to present time in a remarkable state, tremendously enthused. Interesting to me that four psychiatrists had worked on this lady and were in the audience. Two came up and confessed to me that they had thrown this patient at me to prove that Dianetics did not work. They had worked on her for five years and considered her the hardest patient in the area. These two gentlemen were more courteous to me after that.

“I have received a letter from a gentleman in the Midwest who wants us at the Foundation to send him a certified auditor trained in these techniques in order to instruct the staff of an entire sanitarium in order to accomplish what they have not accomplished before.

“They did not know how thought works, what are the parts of the mind, etc. As a consequence they could not predict how a person would react under certain circumstances. They did not recognize that when a nation goes to war it was in a period of madness.

“Dianetics is interested in experimentation in order to increase the application of these techniques. Our research department is very hard at work running a pilot project on a small group in order to perfect these applications of Group Dianetics. In a few days Group Dianetics has taken an apathetic company and has brought it up to where its income potential has almost doubled. These things are the vital stuff out of which we hope to make a larger and better future for the world.”

L. Ron Hubbard
Radio broadcast given on 8 February 1951

From the Inside Flap

Containing discoveries heralded as greater than the wheel or fire, *Dianetics* has remained a bestseller for more than 50 years. And with over 20 million copies in print, generating a movement that spans virtually every country on Earth, it’s indisputably the most widely read and influential book ever written about the human mind.

Here is the anatomy and full description of the reactive mind, the previously unknown source of nightmares, unreasonable fears, upsets and insecurities which enslave Man. This book shows you how to get rid of it, and so achieve something Man has previously only dreamed of: the State of Clear.

Among the discoveries herein:

- The Goal of Man
- The Dynamic Principle of Existence—the one word that motivates all living things
- The Four Dynamics—the drives upon which all of life is compartmented
- The Descriptic Graph of Survival—revealing one’s true potential and how to achieve it
- The discovery of and complete anatomy of the reactive mind
- The painful experiences—engrams—contained in the reactive mind which command one to act irrationally

against their own wishes and goals
- The impact of prenatal engrams—what took place before you were born and how it's influenced you ever since
- The complete Dianetics procedure to discover and eradicate these harmful experiences so they never affect you again, revealing the one person you've always wanted to know – you.

Companion lecture series: Dianetics Lectures and Demonstrations

Immediately following the first publication of *Dianetics*, Ron began lecturing to thousands upon thousands in packed auditoriums across America. And now, you can be there. In these 4 lectures, you'll hear Ron describe the events that sparked his investigation and groundbreaking discoveries and then, even more, his *personal* demonstration of Dianetics *auditing* procedure to overcome the reactive mind.

Users Review

From reader reviews:

Beth Stewart:

What do you think of book? It is just for students because they are still students or it for all people in the world, the actual best subject for that? Merely you can be answered for that question above. Every person has distinct personality and hobby for each other. Don't to be pushed someone or something that they don't desire do that. You must know how great in addition to important the book Dianetics: The Modern Science of Mental Health. All type of book could you see on many resources. You can look for the internet options or other social media.

Steven Thomas:

Now a day folks who Living in the era wherever everything reachable by interact with the internet and the resources inside can be true or not demand people to be aware of each details they get. How a lot more to be smart in acquiring any information nowadays? Of course the answer is reading a book. Looking at a book can help individuals out of this uncertainty Information especially this Dianetics: The Modern Science of Mental Health book since this book offers you rich details and knowledge. Of course the details in this book hundred per cent guarantees there is no doubt in it you know.

Robert Garcia:

Reading can called imagination hangout, why? Because if you find yourself reading a book particularly book entitled Dianetics: The Modern Science of Mental Health your mind will drift away trough every dimension, wandering in each aspect that maybe mysterious for but surely can become your mind friends. Imaging every single word written in a reserve then become one application form conclusion and explanation in which maybe you never get ahead of. The Dianetics: The Modern Science of Mental Health giving you an additional experience more than blown away the mind but also giving you useful info for your better life in this era. So now let us show you the relaxing pattern is your body and mind will likely be pleased when you are finished reading it, like winning a casino game. Do you want to try this extraordinary shelling out spare

time activity?

Susan Gaier:

In this era which is the greater individual or who has ability in doing something more are more valuable than other. Do you want to become certainly one of it? It is just simple method to have that. What you have to do is just spending your time not much but quite enough to enjoy a look at some books. One of many books in the top listing in your reading list will be Dianetics: The Modern Science of Mental Health. This book which is qualified as The Hungry Mountains can get you closer in getting precious person. By looking upward and review this reserve you can get many advantages.

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