

Psychoanalytic Technique Expanded: A Textbook on Psychoanalytic Treatment

By Vamik Volkan

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In this pioneering textbook, a master psychoanalyst makes his innovative “field work” teaching technique available to seasoned practitioners and budding students alike. They can, figuratively, sit outside the one-way mirror to watch Dr. Volkan treat patients with neurotic, borderline, and narcissistic personalities, from start to finish, using both modern and classical psychoanalytic techniques. Dr. Volkan not only explains what he is doing while he is doing it, but he also asks and answers the perennial questions so common to analytic work: what am I treating? what do I say? and why does it work? Fascinating and extraordinarily illuminating, Psychoanalytic Technique Expanded is unique in offering an intimate view of updated analytic treatment for an array of disorders. With an engaging narrative style that takes the reader into the depths of analytic work, this textbook can be effectively incorporated into psychiatry and psychology training programs as well as into advanced psychotherapy training programs and beginning technique courses for psychoanalytic candidates.

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Psychoanalytic Technique Expanded: A Textbook on Psychoanalytic Treatment By Vamik Volkan Bibliography

- Sales Rank: #2003520 in eBooks
- Published on: 2012-01-01
- Released on: 2014-07-01
- Format: Kindle eBook

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