

The Food of Indonesia: Delicious Recipes from Bali, Java and the Spice Islands [Indonesian Cookbook, 79 Recipes]

By Heinz Von Holzen, Lother Arsana

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The Food of Indonesia: Delicious Recipes from Bali, Java and the Spice Islands [Indonesian Cookbook, 79 Recipes] By Heinz Von Holzen, Lother Arsana

Cook delicious and surprisingly easy dishes with this beautifully illustrated Indonesian cookbook.

Authentic Recipes from Indonesia includes 79 easy-to-follow recipes with detailed descriptions of ingredients and cooking methods, enabling the reader to reproduce the flavors of authentic Indonesian food at home.

The fabled Spice Islands of Indonesia encompass the most astonishing physical and cultural diversity in Asia. *Authentic Recipes from Indonesia* introduces a sampling of the most popular Indonesian food from across the archipelago. Included in this unique collection are spicy Padang favorites from West Sumatra, healthy Javanese vegetable creations, succulent satay and poultry dishes from Bali and Lombok, and unusual recipes from Kalimantan and the eastern isles of Flores and Timor. In addition to the range of exciting recipes, this book acquaints readers with Indonesia's varied cultural and culinary traditions.

Featured Indonesian recipes include:

- Avacado Smoohies
- Balinese Style Chicken or Duck Satay
- Beef with Coconut
- Fragrant Chili Sambal
- Pork Stewed with Potatoes
- Shrimp in Hot Coconut Sauce
- And many more…

Increasing numbers of travelers are discovering the rich cultural diversity of Indonesia, venturing off the beaten Bali-Java-Sumatra tourist track. Let *Authentic Recipes* take you on a voyage of culinary discover, exploring the unknown and revealing more about the already familiar.

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Editorial Review

About the Author
Heinz von Holzen, a chef and restauranteur based in Bali, trained in his native Switzerland before working in Australia and Singapore and coming to Bali in 1990. He wrote the first cookbook ever published on Bali's fascinating cuisine in 1993. An enthusiastic food photographer since 1987, he coordinated the recipes and photographed the food within this volume as well.

Lother Arsana has over 20 years of experience as a chef and is responsible for the Indonesian cuisine served at the Grand Hyatt Bali. He has been involved in food promotions internationally, and has an extensive knowledge of Indonesia's regional cuisine.

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