

The Tiger/Crane Form of Hung Gar Kung-Fu (Literary Links to the Orient)

By Bucksam Kong

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Master Bucksam Kong reveals the closely guarded techniques of the ferocious yet graceful art of the tiger/crane form of hung gar kung-fu. This classic text covers every aspect of the eponymous form, which melds the powerful attacks of the tiger with the elusive, flowing techniques of the crane.

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Editorial Review

About the Author

Bucksam Kong is one of the foremost experts on the hung gar style of kung fu. He is the chief instructor of the Sil Lum Pai Gung Fu Association, as well as the foreign adviser to the Hong Kong Chinese Martial Arts Association and to the Hong Kong Choy Li Fut Association. He was inducted into the Black Belt Hall of Fame in 1974. He lives and teaches in Los Angeles.

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